



Team –

Now that we are into fall and snow is accumulating at the upper elevations, our season is just around the corner, which really has me REALLY excited. As we were cut short last year, I'm really hoping to make up for it in the 20/21' season!

We are currently in a bit of a fluid situation with the way we will operate this season with a reservation system and COVID precautions. More to come on this, but know that we are here working to pull together a program that keeps the stoke alive!

Will be in frequent touch as we get deeper into the fall. Thank you!

Frank

General Information

Stevens Pass Freeride Team is designed for skiers and snowboarders who want to boost their skills and confidence in all mountain skiing and riding including: park, cross, big mountain and half pipe. In addition, team members will develop strong fundamental skills, learn to be part of a team, and gain a joy and passion for mountain sports. Coaches focus on progressive skill acquisition, knowledge of the Code of Conduct and safe skiing/riding, respect for the mountain, and having fun. This program, in affiliation with SPAC, is a non-profit organization run by dedicated volunteers whose purpose is “to nurture a competitive sports environment which builds character, values and good sportsmanship in the participants”. (Complete SPAC mission statement can be found at <http://spacracing.com/>)

Coaches will provide proper technique and procedure needed to improve your freestyle and Skier/Boarder-cross skills. Whether entering your first competition or wanting to learn more competition skills, this program is designed with the riders’ needs and interests in mind. Our coaches are very enthusiastic and committed to the advancement of free riding at Steven’s Pass.

WHO	AGES	TIME	DATES	PRICE	INCLUDES
Open to intermediate to expert Skiers and Snowboarders	11– 18 Advanced Intermediates	SUNDAYS 8:30-3pm	8 Snow Sessions TBD Start Date (Schedule will vary depending on snow, and school holidays)	\$725	Morning & Afternoon riding session

Please scan all completed forms and email to spfreeride@gmail.com

You will receive a confirmation via email



Breaks & Snacks	Improvement depends on mileage. We do plan breaks into our daily schedule expect on rough weather days. It's advisable to provide your child with snacks or \$ to purchase. No candy please.
Lunch	Meals are not included, and lunch is not supervised.
Bad Weather	Our goal is to ride every Sunday, but as the weather varies each week, we may have a delayed start or cancel entirely due to weather or operational challenges. Weekly emails go to athletes and will inform weekend plans.
Drop Off / Pick Location	Morning Meetup – TBD until we lock down COVID Protocol Afternoon Drop Off at Clock Tower in front of Granite Peaks Lodge
Referral Discount	Should an existing team member refer someone that joins the team, a \$50 discounted off of their tuition.
Sibling Discount	Siblings will receive a discount of 20% off of each addition child added to the program. The first child will be counted at the full rate.

Areas of Concentration

On-hill training:

- Terrain Park jumps and rails
- Skier-cross and Boarder-cross
- Extreme terrain riding
- Competitive Preparation
- Backcountry Awareness

Off-hill Training:

- * Strength Training, Stretching, Conditioning
- * Waxing, Maintenance
- * Nutrition
- * Avalanche (On & Off-hill)

HELMETS ARE REQUIRED ON ALL RIDERS!

COVID – POLICY AND REQUIREMENTS

We are optimistic that we will have a full season of skiing and training. However, given the uncertainties of the COVID-19 Pandemic, we are mindful things may change. Should the season be interrupted or canceled due to COVID-19, we will generally follow the refund schedule detailed below but are committed to refunding additional portions of tuition, while maintaining the longer term continuity of SPFT for the years ahead. Many factors will influence exactly how much will be returned in addition to any amounts due under the above schedule and all decisions will be based on the principle of returning as much as possible to families while ensuring the continued viability of SPFT.

WEEKLY PROTOCOL

- SPFT will follow all USSA, Stevens Pass, and State of Washington guidelines. Expect the program to flex based on changes cascading down from these organizations.
- All athletes and coaches will need to place their own reservation in the Vail System prior to schedule class times.

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- All athletes and coaches will need to confirm that they are not experiencing symptoms at the start of each training day. Temperatures will be taken and recorded.
- Athletes, coaches and families should plan to change and/or suit up at the car.
- All bags shall be kept in vehicles.
- Everyone will be required to wear masks in line and on the chair lift unless with family members.
- Athletes and coaches will maintain 6' separation when not in line and on the chair.
- Athletes and Coaches will be kept in smaller pods throughout the season
- If they are comfortable doing so, athletes will be welcome to ride chair lifts with their designated pods.
- Groups will be kept under 7 and coaches will be kept consistent throughout the season.
- Lunch times will still follow the same format, however students should plan on having lunch either in their vehicle or RV. Lodge operations has not been finalized at this point.

REFUNDS

Refunds are made at the sole discretion of the Program Director based on the circumstances under which the request for any refund is made. All requests for refunds must be made in writing to the Program Director who will acknowledge the date the request was received. Any approved refunds will be made according to the following schedule:

A \$75 non-refundable deposit is due at the time of registration. Until November 14th, the entire season tuition fee is refundable, EXCEPT for the \$75 non-refundable deposit. From November 15 until December 14, up to 75% of the season tuition fee is refundable, EXCEPT for the \$75 non-refundable deposit. From December 15 until January 14, up to 50% of the season tuition fee is refundable, EXCEPT the \$75 deposit. From January 15 through the end of the season, any refunds will be made at the sole discretion of the Program Director and are given only for serious illness or physical injury to the athlete that will inhibit their ability to participate in the program for a substantial portion of the remainder of the season. The refund amount will be based on the fraction of the season that has elapsed at the time notification has been received and acknowledged as described above.

** By way of example, if the total season tuition fee is \$2,000 and a refund is asked for as of December 10th, the maximum refund calculation would function as follows:

$\$2,000 \text{ season tuition} \times 50\% = \$1,000 - \$200 \text{ non-refundable deposit} = \800 refund.

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COMPETITION

Depending on the team member's desire, ability, and overall interest in competing, the team may travel to events to other resorts in the Puget Sound, Eastern Washington, Oregon, or other states where competitions are being held. All coaching, expenses, lodging, fees, and other costs associated with traveling to these events are considered separate and will be addressed with the athlete(s).

SPFT ATHLETE'S CODE OF CONDUCT

Being a member of the Stevens Pass Freeride Team is something each athlete should be proud of. While skiing and snowboarding is an individual sport, all team members train and compete as a part of the team. Each rider needs to be considerate and supportive of other team members at all times.

In addition, each athlete enjoys certain privileges at Stevens Pass, not available to the general public. SPFT would not be possible without the support and assistance of Stevens Pass. This support and these privileges cannot be taken for granted and must not be abused. That being said, remember that while skiing or snowboarding at Stevens Pass, whether training or merely for fun, each team member will be considered a part of SPFT at all times.

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SPFT riders shall adhere to the following:

1. Maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior and consideration of coaches, TEAM members and others' physical and emotional well-being.
2. Abstain, at all times, from the use or possession of illegal drugs, alcohol and tobacco.
3. Follow and abide by the Ski Area's Code of Conduct.
4. Avoid profane or abusive language and disruptive behavior.
5. Abide by the rules of competition in all events entered respect the judgment of any official.
6. Observe any additional rules established by any of your coaches.
7. Set a good example for other athletes, especially the younger teammates.
8. Treat coaches and other team members with dignity.
9. Refrain from wearing headphones during class session. Limited cell phone use will be allowed.
10. Show up prepared with the appropriate attire depending on weather conditions.

Coaches and athlete's parents will confront athletes suspected of breaking rules. Disciplinary action will be determined by the director and coaching staff.

Athlete Signature: _____ Date: _____

Parent Signature: _____ Date: _____

Stevens Pass Freeride Team Registration Form

Athlete's Name: _____ Sex: _____ Birth Date: _____

Parent's Name(s): _____

Address: _____

City: _____ Zip Code: _____

Athletes email: _____

Parents email: _____

Family home phone: _____ Family cell: _____

Athlete cell: _____ Skier or Snowboarder: _____

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8-week Freeride Program (Sundays Only)

Intermediate to Expert Skiers and Snowboarders ages 11 and up.

Pre-Season + 8-Week Program\$725_____

**Stevens Pass & U.S. Forest Service Usage Fee (10% of All Tuition) \$ Included in Fee

Payments can be made via Check or PayPal. A PayPal invoice can be sent via email with payment instructions once your registration forms are received.

Make checks payable to SPAC

Mail To:

Frank Martin

PO Box 36

Skykomish, WA 98288

www.stevenspassfreeride.com

Email Address: spfreeride@gmail.com

Mandatory Registration Requirement Checklist

The application insures your membership on the SPFT Team. In order to participate in any SPFT training you must first have on file with SPFT a current SPFT Medical and Liability Release.

**U.S. Forest Service Usage fee equal to 12% of our revenue is assessed and payable to Stevens Pass for participation in all programs at Stevens Pass. SPAC is unable to absorb the cost of this fee and is passing on a 10% use fee on all tuition. This fee is paid directly to Stevens Pass.

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Stevens Pass Freeride Team Medical Release

(I) (We) do hereby authorize a licensed physician and/or responsible staff member of any hospital in any state to administer whatever medical or surgical treatment, or therapeutic procedures they deem necessary for the diagnosis and treatment of:

Athlete's Name _____

(I) (We) consent to any examination, administration of any medical or anesthetic and medical and/or surgical treatment or other hospital services rendered under the general or special instructions or supervision of such physician or hospital staff person. Every effort will be made to contact the parents or legal guardian of the skier in the event emergency medical care is required. We, therefore, encourage parents and guardians to submit this completed medical release to SPFT. Your coach will carry a copy of this release to all races.

Name of Medical Insurance _____

Policy # _____

Name of Family Doctor _____ Phone # (____) _____

Emergency Contact _____ Phone # (____) _____

Please list any allergies or medications

Signature of Parent/Guardian

Address _____

Home Phone (____) _____ Work Phone (____) _____

Date _____

This signed release must accompany the Application and Liability Release.

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Stevens Pass Alpine Club Liability Release

Athlete's Name _____

Address _____

Home Phone (____) _____ Work Phone (____) _____ Date _____

Parent/Guardian Name(s): _____

I/We, the parents/legal guardians of the Stevens Pass Alpine Club member named above, assume and understand that ski racing and skiing are hazardous activities. Bare spots, variations in snow, ice and terrain, along with bumps, cliffs, moguls, stumps, forest growth and many other obstacles exist within a ski area. In participation with the Stevens Pass Ski Area, all dangers presented by ski racing and skiing are recognized and accepted. The skier realizes that falls and collisions do occur and injuries may result, and therefore assumes such risks and agrees to ski under control at all times. I/We hereby release and hold harmless the Stevens Pass Alpine

Club, and any members thereof, the Stevens Pass Alpine Club coaches, Stevens Pass Inc., P.N.S.A., U.S.S.A. and the United States Forest Services and/or any other ski areas at which we may train or race. This release also covers all travel to and from these activities. I agree that I will accept and abide by the rules and regulations of the Stevens Pass Alpine Club, the United States Ski Association and any other rules or regulations imposed by the organizers of any particular competition. I further agree and accept that I will abide by the code of conduct adopted by the United States Ski Association. This release shall be binding on my heirs and assigns.

Dated _____ Athlete's Signature: _____

By signing this release as Parent/Guardian, I am consenting to the competitor's participation in competitive riding and training and acknowledge that I understand that any and all risk (including those set forth above) are expressly assumed by me and all claims are expressly waived in advance.

Parent/Legal Guardian Signature:

This signed release must accompany the Application and Medical Release.

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Athlete Profile Form (Answers Can be on Separate Sheet!)

Name: _____ Skier or Snowboarder (Circle)

Birth date: _____ Age: _____ School & Grade: _____

1. Give us a run down of the tricks you are comfortable doing as of the end of last season and on which features.

2. What types of terrain are you most comfortable with? (Steeps, Groomers, Glades, Bumps, etc.) Tell us about your experience skiing or riding off of the main groomed runs.

3. What accomplishments are you most proud of in school, on the mountain, and at home?

4. Where do you crush it on the hill? Where do you need improvement?

5. How would you describe your skiing/riding?

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6. How many days on the hill do you average per season?

7. What is your stock trick—meaning the trick you do without thinking?

8. Tell us your favorite music or band?

9. Who are the people that inspire you most, on and off the hill and why?

10. Are you interested in competing? If so, what kind of events?

11. Why do you want to be a part of the Stevens Pass Freeride Team?

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